

Joint Health Overview and Scrutiny Committee

5th January 2009



NHS County Durham Annual Operating Plan: Commissioning Intentions

Report of Head of Overview and Scrutiny

Purpose of the report

1. The purpose of the report is to advise JHOSC of the NHS County Durham's consultation on its commissioning intentions for 2009/10 and to seek Members views to help shape the priorities within it.

Background

2. NHS County Durham, as commissioners of health and healthcare for County Durham and Darlington, seeks to invest in health improvement and health services to achieve the highest standards and deliver value for money.

It is currently developing its Annual Operational Plans for 2009-2010, which will focus on improving health and well being, reducing health inequalities and ensuring the highest standards of patient safety. Appendix 1 is a review of progress in the implementation of NHS County Durham's Annual Operational Plan 2008/2009 to provide a basis for discussion with the public and health partners in County Durham and Darlington, on emerging commissioning intentions for 2009/10.

It has been undertaking stakeholder consultation on its commissioning intentions until 19th December – JHOSC has negotiated an extension to this timescale. Appendix 2 is the feedback questionnaire on commissioning intentions for 2009 – 2010 and the comments of JHOSC are an important part of the process.

Information

3. Information on the NHS County Durham's commissioning intentions was sent out widely to stakeholders and the Health scrutiny members at the beginning of December. It is proposed that investment will include:

- Identifying opportunities for new investment and disinvestment in some services shifting the balance from treatment to health promotion and disease prevention;
- Identifying opportunities to provide more care closer to home where it is safe to do so though the transfer of activity from hospital to community and primary care based services;
- Taking account of local needs at a cluster level through local commissioning leadership provided by Practice Based Commissioners.

Commissioning intentions are also shaped by the following key strategic priorities that are to be used to measure success:

- Reduce health inequalities;
- Reduce the life expectancy gap and reduce cardiovascular disease mortality (cardiovascular disease plus stroke mortality);
- Reduce the life expectancy gap and reduce cancer mortality;
- Increase life expectancy – tackle childhood and adult obesity; Halt the increasing trend in the prevalence of diabetes; Tackle chronic obstructive pulmonary-lung disease;
- Increase smoking quitters and reduce smoking in pregnancy;
- Decrease rate of hospital admissions for alcohol related harm;
- Increase infants breastfed at 6-8 weeks;
- Decrease under 18 conception rate;
- Promote mental health and wellbeing and reduce deaths from suicide;
- Improve self-reported experience in relation to end of life care.

The vision for the North East NHS *Our NHS, Our Future, Our North East NHS* is also being supported through the development of services through local pathway work which links with regional arrangements, including:

- Maternity and newborn care
- Children
- Staying healthy
- Mental health
- Planned care
- Acute care
- Long term conditions
- End of life care

Seeking further views from JHOSC and responding to the consultation

4. In order to take account of the views from JHOSC Members Tony Byrne, Assistant Director, Planning and Involvement, at NHS County Durham (County Durham Primary Care Trust) is invited to outline the commissioning intentions and consultation responses received to date. Members views will be included with responses received.

Recommendations

It is recommended that members:

- (i) Note the commissioning intentions.
- (ii) Provide comments to inform the consultation.

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NHS County Durham and Darlington PCT Annual Operational Plan 2009 – 2010

Commissioning Intentions

Our local vision within the context of *Our Vision Our Future* is to:

Deliver excellence today for a healthier tomorrow

In our five year strategic plan '*Your Health, Your Choice, Your Care, Our Commitment: A five year strategic plan for improving health and healthcare in County Durham and Darlington 2009 – 2013*', we describe how we will develop capacity and capability for the local health economy in County Durham and Darlington and create an environment which supports and promotes high quality health outcomes and an excellent, safe patient experience. The Annual Operational Plan 2009/2010 marks the beginning of our journey.

NHS County Durham, as commissioners of health and healthcare for County Durham and Darlington, must demonstrate that we will invest appropriately the £1bn of taxpayers' money available to both PCTs to deliver health improvement and health services that, at the very least, match the best in class.

We will develop Annual Operational Plans by the end of March 2009 which will focus on the PCTs' passion for improving health and well being, reducing health inequalities and ensuring the highest standards of patient safety.

This document has been produced to review progress in the implementation of our Annual Operational Plan 2008/2009. It also provides a starting point for discussion with the public and our local health partners in County Durham and Darlington, on our emerging commissioning intentions for 2009/10.

We welcome your comments to help develop the detail of our Annual Operational Plans for 2009/2010.

Yasmin Chaudhry
Chief Executive

Passionate about health

north east
england

Our progress in implementing our plans for 2008/09

We are making good progress in implementing our commitments from our 2008/09 Annual Operational Plan:

Access to personalised and effective care			
Our Commitment	Achieved	Work in progress	Update
Working with our local Trusts to ensure that by December nobody waits more than 18 weeks from referral to treatment.		✓	It is expected that all Trusts will achieve this target, however, there remain pressures in Orthopaedics at a number of Trusts
Working with our local Trusts to ensure that by December nobody waits more than 6 weeks for a diagnostic test.		✓	All trusts are meeting this target, except Sunderland City Hospitals NHS Trust who have pressures in some areas.
Invest in new health centres in County Durham & Darlington providing extended access to GP primary care services 12 hours a day, seven days a week. The centres will also provide additional services focusing on: cardio-vascular disease, weight management, sexual health, smoking cessation and worklessness.	✓		Procurements are underway for new health centres in County Durham and Darlington from January 2009 to provide extended access to GP primary care services 12 hours a day seven days a week. These centres will also provide additional services including cardio-vascular disease, weight management, sexual health, smoking cessation and support to those seeking to return to work.
Improved access to orthodontic services.	✓		Referral to treatment times in primary care have been reduced from 172 weeks to 18 weeks in County Durham and 112 weeks to 18 weeks in Darlington. Other developments include planned outreach services into Easington, Crook and Stanley, a planned consultant provided service at Shotley Bridge Hospital and transfer of suitable cases from Bishop Auckland and Darlington Memorial Hospital to extended primary care services.
Investment in improved home oxygen services with new service users benefiting from an initial assessment followed by a four week, three month and six monthly reviews.		✓	Funding for the service is now in place and a service specification is being developed ready for the tendering process in early 2009.
Investment in improving access to pulmonary rehabilitation for new service users.		✓	A pilot for pulmonary rehabilitation is now in place until 31 March 2009 and will inform the service specification development to commence January 2009.
Investment to significantly improve access to psychological therapies.		✓	Darlington – The PCT has funded 1 post to introduce computerised cognitive behaviour therapy to the people of Darlington. Additional capacity is required to meet national expectations. County Durham - Books on prescription and computerised cognitive behaviour therapy (both Beating the Blues and Fearfighter) will be rolled out across County Durham during 2008/09. A pilot 'arts for wellbeing service', to promote emotional wellbeing and prevent deterioration of mental health, will be introduced early in 2009. Additional graduate mental health workers have been appointed and further recruitment is ongoing alongside the enhancement of primary care mental health worker provision and counselling.

Investment in health action planning for people with learning disabilities, ensuring that they have regular physical health checks in line with Valuing People requirements.	✓		Darlington – From September 2008 the GP contract now includes the opportunity to deliver annual health checks for people with a learning disability. To improve health action planning the PCT is recruiting a Health Facilitator post. County Durham – A new Health Facilitation Service will offer health action plans to all adults with a learning disability.
The PCT will support people with learning disabilities to move into more appropriate supported living accommodation in the community	✓		Darlington – The PCT has completed the arrangements to move people from hospital settings to supported tenancies in the community. A contract between local private providers and social services has been agreed. County Durham - This is a part of the CAMPUS re-provision project which is moving people out of long stay NHS hospital accommodation into supported tenancies in the community – all Durham CAMPUS residents will have been moved out of CAMPUS by end of November this year ahead of the governments 2010 target.
Bring school nursing up to a minimum level of delivery to safeguard the health of children and young people in line with the chief nursing officer's review and recommendations.		✓	Investment in 2008/09 has facilitated the first steps towards achieving this target however continued investment is required to achieve this target.
Continue with the expansion of the family nurse partnership programme. This intensive parenting programme provides health visiting support to young/vulnerable mothers in the early stages of pregnancy and during the early years of a child's development.		✓	The Family Nurse Partnership is funded for the 3 year life of the Department of Health project. A project plan is developed and near sign-off to further test the FNP in County Durham & Darlington, looking at predictive testing e.g. picking up the most vulnerable and avoiding duplication of services.
Develop intermediate care services to reduce two day lengths of stay by 50% resulting in better patient care whilst achieving overall cost savings.		✓	Plans are being progressed to improve intermediate care services which will involve better crisis response, supported discharge, in reach service to medical assessment units and accident and emergency. Work is also ongoing to level up services across the County to include improved levels of physiotherapy, occupational therapy, and nursing input. The PCT is also commissioning an additional 12 intermediate care beds within nursing care.
Ensure improved and timely access to equipment for adults with disabilities, receiving intermediate care or with a range of complex health needs. This will promote independence, reduce stress placed on families and bring about increased quality of life.	✓		Performance targets relating to access to equipment across all client groups are being exceeded.
The PCT will develop additional capacity within the community integrated teams to provide treatment for those who have both substance misuse and mental illness.		✓	Darlington – The PCT will building on existing services and will be putting forward proposals for future service development.
In order to take account of the increased prevalence of dementia, the PCT has invested to improve access to early age onset dementia services	✓		Darlington – PCT has been able to increase the occupational therapy element of the early age onset dementia services. Further increases in capacity to the nursing team will be required. County Durham - improved early diagnosis, intervention and support to service users, carers and families.
Investment in child and adolescent mental health services (CAMHS) to improve access to early intervention and prevention services and to increase and enhance professional staff resources services following the evaluation of the	✓		Funding of a variety of services across County Durham & Darlington, including clinical assessment teams, Emotional Well-being (EWB), commenced April 08; mellow parenting project

pilot project currently under way.			commenced April 2008; vulnerable young people project September 08.
The PCT will improve access to speech therapy, physiotherapy and occupational therapy for the benefit of children and young people both in the community and schools.		✓	Darlington – Investment has improved access, however continued investment is required if services are to meet National Service Framework standards and 'Every Child Matters' targets.

Improving health and reducing inequalities			
Our Commitment	Achieved	Work in progress	Update
With a view to reducing childhood obesity, the PCT will invest to ensure that all primary schools benefit from an appropriate school based intervention i.e. Family Initiative Supporting Children's Health (FISCH).		✓	On target to begin work in schools early 2009, gradually increasing number of schools involved per locality as capacity increases over the next 3 years.
In order to reduce mortality due to premature death caused by heart disease, the PCT will ensure that all GP practices in County Durham are engaged in working to an agreed cardiovascular disease pathway and delivering agreed interventions.	✓		All GP practices are engaged in working to an agreed pathway for cardiovascular disease and are delivering agreed interventions.
The PCT will invest in order to reduce smoking prevalence by 4% from the 2006/2007 baseline and increase the uptake of the cancer screening programme		✓	Additional stop smoking services established. Research on uptake of cervical screening has been completed. A pilot to increase first-time access to cervical screening has been implemented in Darlington. Plans are in place to promote screening using social marketing techniques.
The PCT will invest in alcohol services to increase the help available to people and improve access to alcohol treatment and support for young people.		✓	Community Alcohol Services have been established for adults. NHS County Durham will host the regional alcohol office, with staff located with Darlington Borough Council.
The PCT will invest in the development and implementation of an integrated sexual health pathway incorporating genito-urinary medicine, chlamydia screening, contraceptive services, programmes tackling teenage pregnancy and HIV prevention initiatives.		✓	All patients are now offered a GUM (genito-urinary medicine) clinic appointment within 48 hours. Integrated, community based services have been established in five locations and an increasing proportion of under-25s are being screened for chlamydia.

Our Commissioning Intentions for 2009/2010

Our investment will focus on the whole of the resource at our disposal and not just on incremental growth and will include:

- Identifying opportunities for new investment and disinvestment in some services as we shift the balance from treatment to health promotion and disease prevention;
- Identifying opportunities to provide more care closer to home where it is safe to do so though the transfer of activity from hospital to community and primary care based services;
- Taking account of local needs at a cluster level through local commissioning leadership provided by Practice Based Commissioners.

Our commissioning intentions are shaped by the following key strategic priorities and through work with our key local partners:

Improving health outcomes

We have prioritised ten key outcomes which we will use to measure our success. By delivering on these ten priorities, which are listed below, we will deliver greatest health gain for local people and hence deliver best value for money for local tax payers.

- Reduce health inequalities;
- Reduce the life expectancy gap and reduce cardiovascular disease mortality (cardiovascular disease plus stroke mortality);
- Reduce the life expectancy gap and reduce cancer mortality;
- Increase life expectancy – tackle childhood and adult obesity; Halt the increasing trend in the prevalence of diabetes; Tackle chronic obstructive pulmonary-lung disease;
- Increase smoking quitters and reduce smoking in pregnancy;
- Decrease rate of hospital admissions for alcohol related harm;
- Increase infants breastfed at 6-8 weeks;
- Decrease under 18 conception rate;
- Promote mental health and wellbeing and reduce deaths from suicide;
- Improve self reported experience in relation to end of life care.

Our NHS, Our Future, Our North East NHS

We will support the vision for the North East NHS and continue to develop services through local pathway work which links with regional arrangements, including:

- Maternity and newborn care
- Children
- Staying healthy
- Mental health
- Planned care
- Acute care
- Long term conditions
- End of life care

Working with local partners

We will continue to work with key local partners to develop local improvement plans for areas of concern identified through consultation with patients, public and staff and through the Joint Strategic Needs Assessment (JSNAs) and Local Area Agreements (LAAs).

Next steps – how you can help us

We hope that through this document we can share the vision, strategic direction and our emerging key priorities for 2009/2010. It is important that the plan reflects the health priorities within our local communities and we are keen to seek your involvement in shaping the final priorities by the end of December 2008. The PCTs will need to prioritise commissioning intentions and service development within the funding available in 2009/2010.

We are very interested in any comments that you may have on our Commissioning Intentions. There may be some things not mentioned so it is an opportunity for you to advise us of these. We would also be pleased to meet to discuss these in more detail if this would be helpful.

Please contact or send your comments by the 19th December 2008 to:

Tony Byrne
Assistant Director - Planning & Involvement
NHS County Durham
John Snow House
Durham Science Park
DH1 3YG
Tel: 0191 374 4134

Or by email: t.byrne@nhs.net

Appendix 2

COMMISSIONING INTENTIONS 2009/2010 – FEEDBACK QUESTIONNAIRE

We welcome your feedback on our commissioning intentions. Please would you answer the following questions and provide further information to help us ensure that the commissioning intentions reflect health priorities within our local communities.

Are the key health priorities identified?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Further comments:		

Are there any other priorities you would expect to see and, if so, what are these?

Are there any other key local health issues you wish to identify for the PCT to consider?

Is there any particular aspect of health you are interested in? Any further comments?

We would like to share our final operational plan with key stakeholders in early February 2009 and will hold events in Darlington and central Durham. Please indicate your interest in attending one of these events by ticking the box next to your venue of choice.

❖ Durham – Hardwick Hall Hotel, Thursday 05 February 2009, 09.30 a.m. to 1.00 p.m.

❖ Darlington – Hall Garth Hotel, Thursday 12 February 2009, 09.30 a.m. to 1.00 p.m.

Thank you for completing the feedback questionnaire, please return it in the enclosed pre-paid envelope.

Name & Organisation (if applicable)	
Address:	
e-mail address:	Tel. No.: